

www.tcteams.com/zchseagles rjordan@zcs.k12.in.us @ZCHSMens Soccer

# 2024 Zionsville High School Boys Soccer Information

#### \*\*\*\*Website\*\*\*\*

We have a website where all information about the soccer program can be found. The website also will generate email information on events and announcements. If you do not receive emails from the web site or would like to add additional contacts, please contact me at <a href="mailto:rjordan@zcs.k12.in.us">rjordan@zcs.k12.in.us</a>. An email will be sent with a link and instruction on how to become a member of the web site. The web site can be found at <a href="http://www.tcteams.com/zchseagles/">http://www.tcteams.com/zchseagles/</a>. Prior to me sending you an invitation to join our website, you must set your spam filter to allow emails from TCTeams.

## **How To Resolve The Issue Of Not Receiving TC Teams Emails**

You will need to add <u>mailservice@tcteams.com</u> to your list of approved senders. Generally, upi can do this by adding <u>mailservice@tcteams.com</u> to their contact lists within the email service provider. More info can be spam filter info can be found at <a href="http://tcteams.com/zchseagles/public\_page?pageid=3119">http://tcteams.com/zchseagles/public\_page?pageid=3119</a>

#### **Summer Training Sessions**

IHSAA rules allow high school coaches to coach and train players from their respective schools during the summer months. ZCHS coaching staff will be having training/conditioning sessions on Tuesday and Wednesday with a 7v7 tournament on Thursday starting on June 13<sup>th</sup> from 4:00 to 6:00pm. This includes incoming freshmen. The training sessions will consist of technical and tactical skills without the normal competitive pressures that occur throughout the regular season. Summer training sessions will be held at 4400 S. 875 E. soccer stadium.

#### **Physicals**

# <u>Physicals and online consent forms for all players</u> (not just $9^{th}$ graders) must be completed and on file with the ZCHS athletic department prior to summer training participation (June 13, 2024).

The physicals must have been on or after April 1, 2024 to be valid for the summer training sessions and the regular 2024-2025 soccer season. All physicals must be turned into the ZCHS Athletic Office (online). I can't collect or turn physicals into the ZCHS Athletic Office. Physicals must be on IHSAA forms and ZCHS athletic consent forms must be done through the schools Final Forms website. The Physical form, RDT Form, and link to Final Forms can be found by clicking on the link below. Final Forms is set up for the 2023- 2024 school year and will not except forms for the 2024-2025 school year right now. When it has been changed to the 2024-2025 school year, I will announce that it has occurred. You will not be able to upload physical documents for next year until it has been changed to except documents for the 2024-2025 school year.

Please note the specific instructions and requirements for the physical. Instructions for logging onto Final Forms are on this page. Physicals must be signed (not stamped) by the doctor, have the doctor's ID number, and be on the IHSAA Physical form. https://zhs.zcs.k12.in.us/apps/pages/athletic forms

## **Summer Tournaments**

We will be participating with at least three teams in our own tournament held on Friday, July 26<sup>th</sup> and Saturday, July 27<sup>th</sup>. We will also be participating with two teams in the Pike tournament on June 21<sup>st</sup> and/or June 22<sup>nd</sup> and the Moorseville tournament on July 12, 13 and 14. All in season team selections will be done through the tryouts starting on August 5<sup>th</sup>.

#### **Tryouts**

Zionsville High School Boys Soccer has three soccer teams comprised of a varsity team, a reserve team and a C team. Tryouts for those teams will begin on Monday, August 5<sup>th</sup> and will continue through Wednesday, August 7<sup>th</sup>. During the evening of August 7<sup>th</sup>, the team rosters will be posted on our website and emailed to all. Evaluations will be performed by the boys coaching staff.

## **Trainer's Summer Schedule**

Our trainers will be available throughout the summer for athletes who get injured and need assessed over the summer break. During the summer, they will be in the high school athletic training room (field house entrance).

Dates and times have not been determined. I will send out the dates and times when they become available.

#### **Green/White Scrimmage, Cookout and Parent Meeting**

The Green/White Scrimmage, Cookout and Parent Meeting will our annual gathering of student athletes, parents and coaches to preview all teams in intersquad scrimmages and to participate in the cookout immediately following the games. It is a great opportunity to meet all of the other parents and the coaching staff. The Green/White inters quad scrimmage will be on Saturday, August 10<sup>th</sup> from 4:00 pm to 6:00pm in the ZHS soccer stadium.

# **ZCHS Athletic Code of Conduct and Boys Soccer Team Rules**

The athletic code of conduct and boys soccer team rules is enforced year round not just during the soccer season. Participation in athletics is a privilege and student athletes are held to a higher standard of conduct. Student athletes are expected to represent themselves, families, school, and soccer team in a positive manner. This includes all social media. The ZCHS Athletic Code of Conduct can be found on the schools website under the athletic department page. Vaping is a violation of the ZCHS Athletic Code.

## **Fitness Tests and Standards**

The Cooper test and Beep test are used to gauge fitness levels. Info on the test and standards can be found at this link or the tab "Fitness Tests" on our website. http://tcteams.com/zchseagles/uploads/1590497389.pdf

## **Summer Workout Program**

The summer workout program can be found at this link <a href="http://tcteams.com/zchseagles/uploads/1710165263.pdf">http://tcteams.com/zchseagles/uploads/1710165263.pdf</a> or the tab "Summer Workout" on our website.

Follow the workout schedule on the second page.

## Summer Weight Lifting Program and Advanced Physical Conditioning

The summer weight lifting program times TBD.

## Calendar

The attached calendar has all pertinent dates and times for the months of March to October. There will be additional changes to the calendar. http://tcteams.com/zchseagles/uploads/1710165559.pdf

## **ZCS Athletic Participation Fee**

The Zionsville Community School Board of Trustees approved a participation fee for athletics beginning the school year 2011-2012. The participation fee is \$50. Collection of the participation fee is done through the school and will occur after the selection of teams and prior to the first competition. Participation fee must be paid prior to game participation. Please contact Athletic Director Mr. Schellhase with any questions.

## **Boys Soccer Team Participation Fee**

The yet to be determined boys soccer participation fee covers the expenses of practice pack (2 t-shirts, 2 shorts and 2 green and white game socks) away game meals (Sub 16) and drinks, senior night, year-end banquet, website yearly subscription, alumni game, Green/White scrimmage games, Zionsville Classic, etc... Participation fee will be released at a later date. Was \$185 for 23-24 school year. The practice pack is preordered to be available when teams are selected.

#### **Shin Guards**

The IHSAA has adopted the NFHS shin guard specifications. All high school soccer players must wear shin guards that are age/size appropriate and stamped with the NOCSAE logo; Packaging will included a chart to determine the appropriate shin guard to the size of the player. If the shin guards are not stamped with the NOCSAE logo and are not age appropriate, the player will be considered improperly equipped and will not be able to participate in the game. Please make sure you shin guards have the NOCSAE logo or purchase new shin guards with the NOCSAE logo.

## **Alumni Game**

The alumni game will be on July 17<sup>th</sup> at 7:00pm in the ZCHS soccer stadium.

#### Warm-ups

Warm-ups will not be supplied by the athletic department as part of the school uniform. Last year's warm-ups cost \$58.00. I have not priced the warm-ups for this year but anticipate the cost being comparable. Individual purchase of warm-ups is optional and not mandatory. The warm ups can be purchased at the same time as spirit wear (please see Spirit Wear section below).

#### **Spirit Wear**

Information will be made available on Thursday, August 3<sup>rd</sup>. Ordering will need to be completed by midnight Monday August 7<sup>th</sup>.

## Soccer Booster Club

Much of the success and enjoyment of the season is made possible by our parent's involvement in the soccer booster club. Involvement and participation is encouraged. Please become an active member in the soccer booster club. Please contact me in you are interested in being the Treasurer.

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#### Texting

Any texting with members of the coaching staff must be done through the school district's chosen app, Parent Square. Use and set up procedures to be implemented at a later date. The preferred method of communication is through email.

Rob Jordan -Boys Soccer Head Coach

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@ZCHSMens\_Soccer