

**Summer Weight Training (Physical and forms must be completed prior to participation)**

9:15 to 10:0am at ZCHS weight room.

Due to construction, athletic entrance 3 will be shut for the summer. Please use door #1 for entry.

**Dates \***

June 1

June 3

June 8

June 10

July 6

July 8

July 13

July 15

July 20

July 22

\* Please note weight training will not be on June 15, 17, 22, and 24 as previously listed on the activity calendar.